Let's see what's for lunch...

Main Meals

Monday

Sausage (G,SU) & Mash with Onion Gravy

Vegetarian Sausage (G,C) with Mash & Gravy

Pasta (G) with Cheese Sauce (G,MK) V

Turkey & Potato Moussaka (G, MK)

Jacket Potato with Baked Beans Ve

Vegetable Jambalaya (q) Ve

Vegetables

Sweetcorn & Peas Ve

Dessert

Vanilla Ice Cream (MK) with Fruit Compote V

Vegetables

Cauliflower & Green Beans Ve

Seasonal Greens & Carrots Ve

Crumble (G) Ve with Custard

Dessert

Vegetables

Dessert

(MK) V

Fruit Burst Jelly Ve

Main Meals

Main Meals

Honey Roast Gammon with Roast Potatoes & Gravy

BBQ Roast Sweet Potato & Bean Loaf (g) with Roast Potatoes & Gravy Ve

Wholegrain Pasta (G) with Tomato Sauce (C) Ve

Main Meals

Beef Bolognaise (C) with Spaghetti (G)

Vegan Bolognaise (SO,g) with Spaghetti (G) Ve

Jacket Potato with Cheese (MK) V

Vegetables

Broccoli & Sweetcorn Ve

Apple & Oaty Topped

Dessert

Carrot Sponge (G,MK) V

Main Meals

Friday

Fish Fingers (G,F) with Oven Baked Chips

Vegetable Burrito Wrap (G,SO) Ve

Pasta (G) with Tomato Sauce (C) Ve

Vegetables

Peas & Baked Beans Ve

Dessert

Maryland Cookie (G,mk) V

19th April, 9th May, 6th June, 27th June, 18th July, 30th August, 19th September, 10th October, 31st October

Main Meals

Monday

Tuesday

Wednesday

BBQ Chicken Pizza (G,MK)

Margherita Pizza (G,MK) V

Jacket Potato with Baked Beans Ve

Vegetables

Sweetcorn & Carrots Ve

Dessert

Chocolate & Courgette Sponge (G,MK) with

Chocolate Sauce (MK) V

Cauliflower & Peas Ve

Oat & Cherry Cookie (G,SU)

Main Meals Vegetables

Turkey & Vegetable Pie Topped with Puff Pastry (G,MK)

Sweet & Sour Vegetables (G,C) with Steamed Rice Ve

Wholegrain Pasta (G) with Tomato Sauce (C) Ve

Roast Chicken with Roast Potatoes & Gravy

Cauliflower & Cheese Bake (G,MK) with Roast

Pasta (G) with Cheese Sauce (G,MK) V

Vegetables

Seasonal Greens & Carrots Ve

Dessert

Dessert

Banana Flapjack (G) Ve

Main Meals

Main Meals

Potatoes & Gravy V

Beef & Bean Chilli (C,g) with Rice

Vegan Chilli Con Carne (SO,C,g) with Rice Ve

Jacket Potato with Baked Beans Ve

Vegetables

Broccoli & Sweetcorn Ve

Dessert

Jam Sponge (G,MK) with Custard (MK) V

Main Meals

Battered Fish (G,F) with Oven Baked Chips

Vegetable Goujon with Oven Baked Chips Ve

Pasta (G) with Roasted Tomato Sauce Ve

and Soya products (SO), Sulphites (SU)

Vegetables

Baked Beans & Peas Ve

Dessert

Vanilla Ice Cream (MK) with Peach Compote V

Week 2:

25th April, 16th May, 13th June, 4th July, 5th September, 26th September, 17th October

Main Meals

Cottage Pie topped with Sliced Sweet Monday

Potato (SU)

Macaroni & Cheese (G,MK) V

Jacket Potato with Baked Beans Ve

Vegetables

Peas & Carrots Ve

Dessert

Fruit Cheesecake (G,MK,SU) V

Main Meals

Chicken & Sweetcorn Meatballs with Tuesday Tomato Sauce (g) & Pasta (G)

Vegetable Moussaka (G,SO,MK) V

Jacket Potato with Baked Beans Ve

Vegetables

Vegetables

Mandarin Jelly Ve

Dessert

Cauliflower & Broccoli Ve

Dessert

Chocolate Shortbread (G) Ve

Seasonal Greens & Mashed Swede Ve

Main Meals

Wednesday Thyme Roast Chicken Breast with Roast Potatoes & Gravy

Roasted Ratatouille with Crumble (G) Ve

Wholegrain Pasta (G) with Creamy

Salmon Sauce (G,F,MK)

Main Meals

Beef Burger in a Bun (G,se)

BBQ Pulled Carrot & Vegetal
(g) Ve

Jacket Potato with Baked Be BBQ Pulled Carrot & Vegetable Taco

Jacket Potato with Baked Beans Ve

Vegetables

Sweetcorn & Carrots Ve

Dessert

Lemon Drizzle Cake (G,MK) V

Main Meals

Fish Fingers (G,F) with Oven Baked Chips

BBQ Vegetable Quesadilla (G,MK) V

Pasta (G) with Tomato Sauce (C) Ve

Vegetables

Baked Beans & Peas Ve

Dessert

Chocolate Mousse (MK) V

3rd May, 23rd May, 20th June, 11th July, 12th September, 3rd October, 24th October

Ve - Suitable for vegans & vegetarians

Celery and Celeriac (C), Crustaceans/Shellfish (CR), Eggs (E), Fish (F), Gluten (G), Lupin (L), Milk (MK), Molluscs (MO), Mustard (MU), Nuts (N), Peanuts (P), Sesame Seeds (SE), Soya

Allergen Key - (APITAL LETTERS = contains, lower case = may contain

BM1 Porters Grange Available Every Day Fresh Fruit Platter **Ve** Homemade Fruit Yoghurt (SO,MK) V



April 2022